









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Physiotherapy: Every Monday to Friday from 9 am to 12 pm and 1 pm to 5 pm on each RHA. Horticultural Therapy with Emma on Tuesdays (July 2, 9, 16, 23 and 30) and Fridays (July 5 and 19). 2:00 Sing Along with Kasia, RHA 7	2:30 Canada Day Celebration with Jerry G Duo, GFC 1 	6:15 Choir Rehearsal, GFC 2	9:30 Trip to Ripley's Aquarium, OTHE 3 10:30 Smile Theatre 5S/6S, RHA 	10:30 Bell Choir Group, 6SAR 4 1:45 Minds in Rhythm, 1SAR	5	6
	8	2:00 Cooking with Connie, MPR 9 6:15 Bingo For Prizes, MPR 	8:30 Outdoor Breakfast Club 1N/S, GFC 10 10:30 Smile Theatre 4NS, RHA 2:30 Men's Club, FDR	10:30 Bell Choir Group, 6SAR 11 11:00 Residents' Council Meeting, MPR 1:45 Minds in Rhythm, 1SAR	2:30 Afternoon Stretch: Chair Dancing, GFC 12 	13
2:00 Polish Entertainment with Adam, RHA 14	15	12:00 Barbeque Lunch, GFC 16 6:15 Choir Rehearsal, GFC	10:30 Smile Theatre 3NS, RHA 17 2:30 Hawaii/ Beach Party, GFC 	10:30 Bell Choir Group, 6SAR 18 1:45 Minds in Rhythm, 1SAR	2:15 Garden Kitchen With Emma, MPR 19 2:30 Garden Social, GFC	20
21	22	6:15 Bingo For Prizes, MPR 23	8:30 Outdoor Breakfast Club 2N/S, GFC 24 10:30 Smile Theatre, RHA 2:30 Sing Along, GFC	10:30 Bell Choir Group, 6SAR 25 1:45 Minds in Rhythm, 1SAR	2:30 Strawberry Social, GFC 26 	27
28	29	6:15 Choir Rehearsal, GFC 30 	2:30 Monthly Birthday Celebration, MPR 31 	Therapeutic Clown Programs on July 11 and 25 on selected RHA. P&S Contact information: Activation Staff @ ext. 237, Manager @ ext. 253	Locations Legend Ground Floor Courtyard, GFC Resident's Home Area, RHA Multi-Purpose Room, MPR 6 South Activity Room, 6SAR 1 South Activity Room, 1SAR Other, OTHE Family Dining Room, FDR	