

Week 1

Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday											
Jul 13	Aug 03	Aug 24	Sep 14	Oct 05	Oct 26	Jul 14	Aug 04	Aug 25	Sep 15	Oct 06	Oct 27	Jul 15	Aug 05	Aug 26	Sep 16	Oct 07	Oct 28	Jul 16	Aug 06	Aug 27	Sep 17	Oct 08	Oct 29	Jul 17	Aug 07	Aug 28	Sep 18	Oct 09	Oct 30	Jul 18	Aug 08	Aug 29	Sep 19	Oct 10	Oct 31	Jul 19	Aug 09	Aug 30	Sep 20	Oct 11	Nov 01
Nov 16	Dec 07	Dec 28	Jan 18	Feb 08	Mar 01	Nov 17	Dec 08	Dec 29	Jan 19	Feb 09	Mar 02	Nov 18	Dec 09	Dec 30	Jan 20	Feb 10	Mar 03	Nov 19	Dec 10	Dec 31	Jan 21	Feb 11	Mar 04	Nov 20	Dec 11	Jan 01	Jan 22	Feb 12	Mar 05	Nov 21	Dec 12	Jan 02	Jan 23	Feb 13	Mar 06	Nov 22	Dec 13	Jan 03	Jan 24	Feb 14	Mar 07
Mar 22	Apr 12	May 03	May 24	Jun 14	Jul 05	Mar 23	Apr 13	May 04	May 25	Jun 15	Jul 06	Mar 24	Apr 14	May 05	May 26	Jun 16	Jul 07	Mar 25	Apr 15	May 06	May 27	Jun 17	Jul 08	Mar 26	Apr 16	May 07	May 28	Jun 18	Jul 09	Mar 27	Apr 17	May 08	May 29	Jun 19	Jul 10	Mar 28	Apr 18	May 09	May 30	Jun 20	Jul 11
Breakfast																																									
Apple Juice					Orange Juice					Cranberry Juice					Peach Cocktail					Apple Juice					Orange Juice					Cranberry Juice											
Assorted Cold Cereal					Assorted Cold Coral					Assorted Cold Cereal					Assorted Cold Cereal					Assorted Cold Cereal					Assorted Cold Cereal					Assorted Cold Cereal											
Red River Cereal					Cream of Wheat					Oatmeal					Cream of Wheat					Oatmeal					Cream of Wheat					Cream of Wheat											
White/WW Toast					White/WW Toast					White/WW Toast					White/WW Toast					Toast/Blueberry Muffin					Toast/Rye bread					White/WW Toast											
Scrambled Egg					Vanilla Yogurt					Sliced Bacon					Marble Cheese Slice					Peanut Butter					Polish Breakfast Sausage					Hard Boiled Egg											
Grape Jelly					Apple Jelly					Raspberry Jam					Blueberry Jam					Grape Jelly					Raspberry Jam					Assorted Jam											
Lunch																																									
Sauerkraut Soup					Cauliflower Soup					Mushroom Soup					Cream of Asparagus Sou					Red Lentil Soup					Chicken Noodle Soup					Ukrainian Borscht											
Cheddar Cheese/Potato					Lemon Pepper Cod					Sweet & Sour Chicken					Farmer's Sausage					Rice & Apple					Meat Dumplings					Chicken Breast											
& Bacon Pierogies					Tartar Sauce					Balls					Noodle and Cabbage					Vanilla Sauce					Fried Onion					Mushroom Sauce											
Fried Onion					Savory Potato Wedges					Rice Pilaf					Casserole										Garden Toss Salad					Seasoned Barley											
Garden Salad/Ranch					Vinaigrette Coleslaw					Thai Stir Fry Vegetables										Carrot Raisin Salad					French Dressing					Grilled Vegetables											
Mint Chip Ice Cream					Chilled Pineapple					Fresh Banana					Apple Blossom					Jell-O/Whipped Topping					Butterscotch Pudding					New York Cheesecake											
Alternate																																									
Corned Beef on					Hot Dog on Bun					Beef Tortellini					Turkey Schnitzel					Breaded Pollock					Grilled Cheese					Beef Pot Pie											
Multigrain Panini					Mustard Ketchup					Alfredo Sauce										Mustard Sauce					on White Bread					Brown Gravy											
Brussels Sprouts					Prince Edward Vegetable					Spring Mix Salad/Italian					Potato Vegetable Salad					Chunky Mix Vegetables					Fall Medley Vegetables					Sunrise Mix Vegetable											
Cantaloupe Chunks					Marble Cake					Country Carrot Cake					Strawberries with Yogurt					Apricots					Fresh Watermelon					Mango											
Supper																																									
Drink, Orange-Mango					Raspberry Drink					Apple Juice					White Grape Cocktail					Drink, Orange-Mango					Raspberry Drink					Peach Cocktail											
Sliced Turkey					Meat Lasagna					Breaded Pork Patty					Veal Marsala					Baked Salmon Fillet					Roast Pork					Stuffed Pepper											
Hunter Gravy					Tomato Sauce															Hollandaise Sauce					Brown Gravy					Hash Brown Patty											
Seasoned Barley										Mashed Potatoes					Scalloped Potatoes					Mini Potato Pancakes					Whipped Potatoes					Tomato Sauce											
Green Beans					Caesar Salad					Creamy Cucumber Salad					Hot Beets					Peas and Pearl Onion					Hot Sauerkraut					Greek Salad with Olives											
Peach Slices					Berry Burst Cake					Tiramisu Mousse					Fruit Cocktail					Black Forest Cake					Neapolitan Ice Cream					Cherry Pie											
Alternate																																									
Jellied Pork /Rye Bread					Cottage Cheese					Tuna Salad on Kaiser					Hawaiian Pizza					Egg Salad					Vegetarian Chili					Hamburger on Bun											
Spinach Orange Salad					Pancakes/Maple Syrup					Bistro Mix Vegetable					Sliced Tomato/Mayo					Croissant					Garlic Bread					Tomato, Onion, Mayo											
Italian Dressing					Whipped Squash										Green Onion					Creamy Coleslaw					Kale Salad					Montego Vegetable											
Lemon Pudding Cake					Fresh Fruit Salad					Diced Pears					Vanilla Bean Cake					Fresh Banana					Maple Cake					Diced Pears											