

**Infection Prevention and Control (IPAC) Guidelines for  
Essential Caregiver (EC) Presence in Resident Room:**

The following guidelines are for our essential caregivers and are intended to keep staff, residents, visitors and our communities safe. Only one EC can be present in a shared resident room at one time. Please do not bring personal belongings inside.

<b>Infection Prevention and Control (IPAC) Guidelines for Essential Caregivers</b>	
Physical distancing	<ul style="list-style-type: none"> <li><input type="checkbox"/> ECs should only have physical contact with the resident for the purpose of providing essential care. Please refrain from physical contact for any other reason.</li> <li><input type="checkbox"/> ECs should keep a safe distance of 6 feet/2 meters from all other residents and staff in the home.</li> <li><input type="checkbox"/> ECs must remain in the resident's room and on their side of the room at all times</li> <li><input type="checkbox"/> ECs are not permitted to visit other residents, other clinical areas, staff lounges, kitchenettes, or common areas of the building.</li> <li><input type="checkbox"/> EC's are not permitted to use washrooms on resident floors or in resident rooms. They may use the dedicated visitor washroom on the main floor of Norwood Nursing Home only. Staff will inform them of location.</li> <li><input type="checkbox"/> When the visit is over, ECs are asked to exit the building directly and not to stop in other areas of the home such as lounges, tea room, staff offices etc.</li> </ul>
Personal Protective Equipment	<ul style="list-style-type: none"> <li><input type="checkbox"/> ECs will be provided with 1 disposable surgical/procedure mask and 1 face shield when they enter the building.</li> <li><input type="checkbox"/> EC's must wear a mask and face shield at all times while in the building, without exception</li> <li><input type="checkbox"/> All residents on an outbreak unit are under droplet contact precautions. EC's will be provided with gown and gloves prior to entering the room. If you are unclear on how to safely put these on and remove, please ask a member of the care team.</li> <li><input type="checkbox"/> Gown and gloves must always be removed before exiting room and should never be worn outside resident room.</li> <li><input type="checkbox"/> When the visit is complete, the EC will return to the main entrance where they will remove their face shield and mask and dispose of it at the exit.</li> </ul>
Hand Hygiene	<ul style="list-style-type: none"> <li><input type="checkbox"/> ECs will be asked to clean their hands using hand sanitizer upon entering and exiting the building, upon entry to and exit from the resident's room, and frequently during the visit (including prior to and after any physical contact).</li> </ul>
The Essential Caregiver's involvement in care activities	<ul style="list-style-type: none"> <li><input type="checkbox"/> When an EC will provide hands on direct care (eg. Feeding, personal hygiene, mobility), they must be provided with training on safe care protocols and requirements, and sign off completion of the training.</li> <li><input type="checkbox"/> The EC must be observed providing care by a member of the registered staff on a minimum of 1 occasion, and it must be confirmed that no further training is required prior to being permitted to do so without supervision.</li> <li><input type="checkbox"/> All direct care provided by ECs must be provided within the resident's room, including feeding, exercise.</li> <li><input type="checkbox"/> Assistance with repositioning, use of lift, or showering/bathing is not permitted.</li> </ul>
Resident belongings and food	<ul style="list-style-type: none"> <li><input type="checkbox"/> To minimize opportunities for transmission of the virus, personal belongings are not to be brought in to residents. If you have an essential item that you would like to provide to a resident, you must follow our regular drop off process by dropping items at the reception desk at the front entrance.</li> <li><input type="checkbox"/> All items being delivered that cannot be wiped down/sanitized, will be held for 72 hours prior to delivery to residents</li> <li><input type="checkbox"/> Food in wipeable, disposable single serve containers for immediate consumption is permitted to be brought if EC attends to support feeding. Food will not be stored in the resident room or in a unit refrigerator and will be disposed of following the meal. Reheating/microwaving of outside food by residents, EC's or staff is not permitted. Should the home be in outbreak, no outside food will be permitted.</li> <li><input type="checkbox"/> Caregivers are not permitted to eat or drink while on a resident floor or in a resident room. All food or drink must be consumed outside the home, without exception.</li> <li><input type="checkbox"/> There is <b>NO SHARING</b> of food or drink with any resident at any time.</li> </ul>