



ATTENTION ALL RESIDENTS:

The Ontario Association of Residents' Councils (OARC) have organized **Resident Forums** (meetings) as resource/support for residents in long-term care homes across the province. These forums allow residents from different homes to connect virtually for peer support & sharing. They are designed to facilitate inclusion and community while providing reassurance and support from peers who are navigating similar life changes brought on by COVID-19. They are a place to meet new friends, ask questions, share concerns and successes and stay informed.

The forums are scheduled on the following dates:

Friday, September 4th	10:30 am – 11:15 am
Thursday, September 10th	10:30 am – 11:30 am
Tuesday, September 15th	10:30 am – 11:30 am
Thursday, September 17th	2:00 pm – 3:00 pm
Friday, September 25th	10:30 am – 11:15 am

Participation can be by telephone or virtually via ipad

If you are interested in participating in the Resident Forums or would like more information, please contact Basia (Director of Programs & Services) at 416-536-7122 ext 253 – you can also ask one of the staff on your Resident Home Area to contact Basia on your behalf.

Please find enclosed a copy of the OARC newsletter